ibpindex measuring the human effort (http://www.ibpindex.com)

Hi! Marco !Welcome to IBPindex!

Send to a friend Tweet Compartir 0 Share

Track : 2016-02-06 Murolungo (MdT)

IBP : 128

Detected modality : HKG (Hiking)

Reanalyzed as BYC (Bicycle) (ibp_analisis_completo.php?REF=36639484191224&MOD=BYC&LAN=en&REM=&SMD=m) RNG (Running) (ibp_analisis_completo.php?REF=36639484191224&MOD=RNG&LAN=en&REM=&SMD=m)

Reliability of the original trail: A (1291/96/0/-/-/96)

Level of correction applied to the trail: 0

Total length: 15.714 Km **mi / ft ?**

Analyzed distance: 15.714 Km

Lineal distance: 0.008 Km

Accumulated climb: 1298.16 m

Accumulated descent: 1307.88 m

info Points list (ibp_listadepuntos.php?REF=36639484191224&MOD=HKG&LAN=en&SMD=m)

Maximum height: 2186.18 m

Minimal height: 954.25 m

Start height: 963.86 m

End height : 954.25 m

Climb rate: 16.34 %

Descent rate: 17.58 %

Positive climb difference per Km: 82.61 m

Negative descent difference per Km: 83.23 m

Total time: 8:43:26 h

Time in movement: 6:13:08 h

Stopped time: 2:30:18 h

Trail difficulty



Max slope filter: ~55 %

Min. points separation: ~30 m

Number of points: 4395 (cad. 3.58 m)

Significant points: 498 (cad. 31.62 m / 11.33 %)

Direction changes per Km: 17.69

Direction changes >5º per Km: 14

Accumulated straight stretches: 2.005 Km

Straight stretches per Km: 127.59 m

Penalizables slope changes: 5

Penalizables slope changes per Km: 0.318

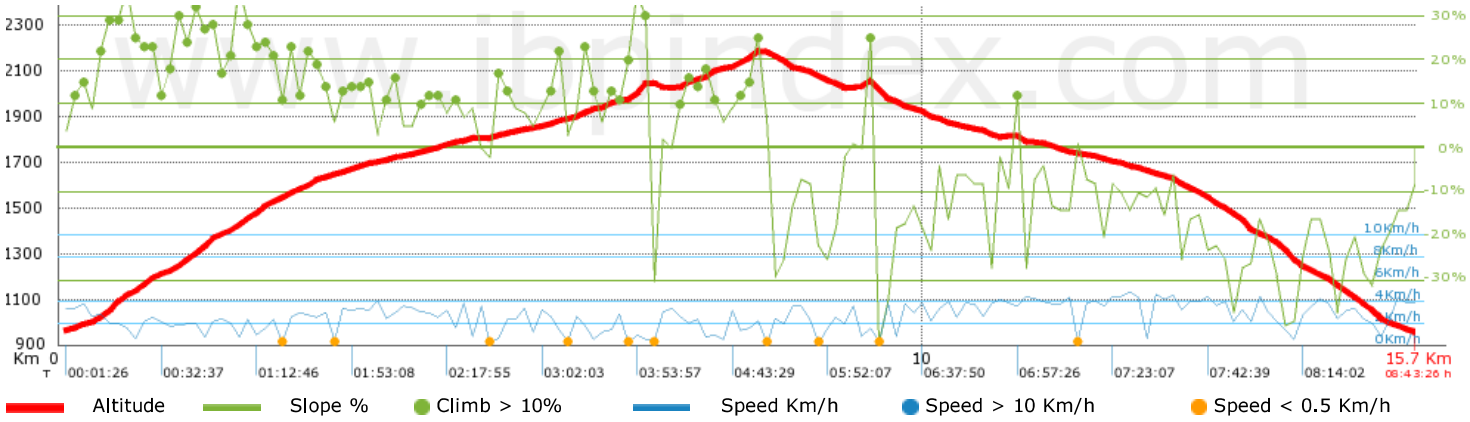
Total speed average: 1.8 Km/h

Average speed in movement : 2.53 Km/h

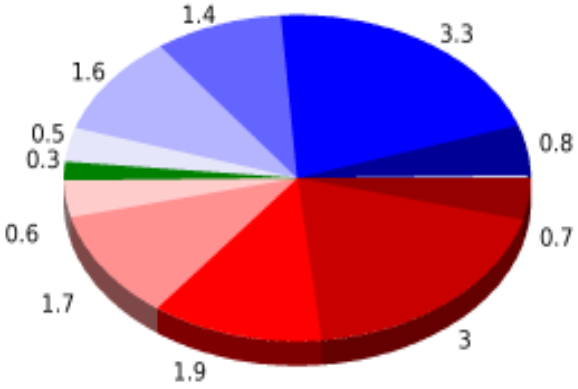
Maximum held speed: 5.44 Km/h

Find The Best bike routes
cicloide
www.cicloide.com
(http://www.cicloide.com)





Summary of slopes Km



Climbs	Distance Km	Km above the total in %	Speed in Km/h	Time h:m:s
Between 30% and 55%	0.736	4.69	1.61	0:27:24

	Between 15 and 30%	3.022	19.23	2.03	1:29:16
	Between 10 and 15%	1.875	11.93	2.63	0:42:48
	Between 5 and 10%	1.713	10.9	2.56	0:40:05
	Between 1 and 5%	0.599	3.81	2.97	0:12:05
	Total	7.945	50.56	2.25	3:31:38
Plain					
	Difference of 1%	0.329	2.09	3.3	0:05:59
Breakdown descents					
	Between 1 and 5%	0.476	3.03	2.65	0:10:47
	Between 5 and 10%	1.577	10.04	3.52	0:26:55
	Between 10 and 15%	1.369	8.71	3.47	0:23:41
	Between 15 and 30%	3.25	20.68	2.91	1:07:04
	Between 30% and 55%	0.768	4.89	1.7	0:27:04
	Total	7.44	47.34	2.87	2:35:31
	Total track:	**15.714**	**100 %**	**2.53**	**6:13:08**

High altitude parameters, data above 1500 m

High altitude parameters, data above 1500 m							
Altitude m	**Distance Km**	**% of total**	**Time in movement**	**Speed**	**Stopped time**	**Total time**	**Speed total**
2000	2.88	18.33	1:25:01	2.03	1:04:34	2:29:35	1.16
1750	4.5	28.64	1:40:48	2.68	0:44:23	2:25:11	1.86
1500	3.707	23.59	1:05:32	3.39	0:29:19	1:34:51	2.34
Total:	**11.088 Km**	**70.56 %**	**4:11:21 h**	**2.65 Km/h**	**2:18:16 h**	**6:29:37 h**	**1.71 Km/h**

Stops

Stops					
Distance Km	**Stopped time**	**Altitude**	**Elapsed time**	**Last stop elapsed time**	**Last stop distance**
0.797	0:03:05	1125	0:19:53	0:19:53	0.797

1.628	0:02:39	1322	0:48:50	0:28:57	0.832
2.035	0:02:55	1411	1:03:54	0:15:04	0.406
2.503	0:12:33 > 10'	1537	1:19:54	0:16:00	0.468
3.137	0:04:22	1643	1:45:15	0:25:21	0.634
4.891	0:18:51 > 10'	1803	2:29:00	0:43:45	1.754
5.793	0:05:18	1887	3:09:07	0:40:07	0.902
6.13	0:03:40	1927	3:23:07	0:14:00	0.337
6.47	0:09:24	1967	3:38:14	0:15:07	0.34
6.656	0:03:48	2000	3:53:57	0:15:43	0.186
6.778	0:07:07	2042	4:02:41	0:08:44 < 10'	0.122
7.393	0:02:35	2063	4:27:14	0:24:33	0.614
7.603	0:03:24	2102	4:37:43	0:10:29	0.211
8.102	0:30:53 > 10'	2186	4:56:19	0:18:36	0.499
8.668	0:07:34	2095	5:41:46	0:45:27	0.566
9.171	0:02:27	2025	6:01:21	0:19:35	0.503
9.357	0:06:46	2054	6:08:53	0:07:32 < 10'	0.186
9.602	0:07:10	1971	6:23:25	0:14:32	0.245
11.707	0:09:12	1741	7:07:59	0:44:34	2.105
12.501	0:03:12	1668	7:28:07	0:20:08	0.794
14.16	0:03:23	1313	8:02:35	0:34:28	1.659
Total:	**2:30:18 h**				

Compare this trail with...

Select trails to compare from "My trails".

Download

GPX **GPX (.gpx) (ibp_generatrack_descarga.php?FOR=gpx&REF=36639484191224&PRE=20926354)**


Garmin Training Center (.tcx) (ibp_generatrack_descarga.php?FOR=tcx&REF=36639484191224&PRE=20926354)


CompeGPS (.trk) (ibp_generatrack_descarga.php?FOR=trk&REF=36639484191224&PRE=20926354)


OziExplorer (.plt) (ibp_generatrack_descarga.php?FOR=plt&REF=36639484191224&PRE=20926354)


Google Earth (.kml) (ibp_generatrack_descarga.php?FOR=kml&REF=36639484191224&PRE=20926354)


PDF analysis (ibp_ibpindexpdf.php?REF=36639484191224&PRE=20926354&MOD=HKG&LAN=en)


Notify anomaly for this analysis (ibp_anomalia.php?REF=36639484191224&LAN=en)


Remove track and analysis


Store this trail on "My trails"

Send this analysis to a friend

Message that will receive your friend:

Re: m.ditommaso@libero.it

Hi.

Marco has considered that this analysis of a trail could be of your interest.

(he/she will see a link to this page)

E-mail of your friend

You can enter multiple addresses separated by commas

Text

Send to a friend

Contact

www.ibpindex.com (http://www.ibpindex.com/)

info@ibpindex.com (mailto:info@ibpindex.com) (mailto:info@ibpindex.com)

Partners (/index.php/es/blog/item/54-la-federacion-francesa-de-senderismo-implanta-el-sistema-ibpindex)



(http://www.ffrandonnee.fr)